

Meet Tina Zimmer...



Transformative Healing and Growth, Tailored to You!

Tina Zimmer is an Intuitive Healing Facilitator and Mentor. She specializes in transformative energy healing and spiritual empowerment. Her work focuses on uncovering and addressing the subconscious and unconscious where emotions, limiting beliefs, shadow aspects, and other restrictions reside; transmuting the old and opening the door to new possibilities.

Her approach integrates:

- **Dr. Bradley Nelson's Emotion Code® , Body Code™ , and Belief Code®** for addressing emotional, physical, and belief-based blockages.
- **Healing Remembered and Quantum Healing** techniques by Kate Elliott, focusing on deep healing through quantum principles.
 - **Quantum Consciousness Journeys** to expand your awareness from the Institute of Quantum Consciousness.
 - **Clinical Certified Hypnotherapy** methods to support regressive and transpersonal work from HCH Institute.
- **Shamanic Practices** taught by Annie Blackstone of the HCH Institute, for spiritual and energetic transformation.
- **Energy Therapy** applications to facilitate healing on multiple levels.

Tina brings honesty, clarity, and a deep love for this work, as she's truly honored to serve humanity. Whether challenged energetically, physically, emotionally, mentally, or spiritually, Tina helps clients transition what's holding them back, creating space for healing and growth.

www.tinazimmerllc.com | 206.591.0344 | tinazimmerllc@gmail.com